KIPS
MDCAT Notes 2017
BIOLOGY

Notes by:

Komal Yaqoob

Teacher:

Sir Umer Hayat (KIPS Grw)

Compiled By:

Noor Mobin

FB Group:

MCAT 2017

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MCAT Notes and Papers

A Message From KOMAL YAQOOB

I dedicate my these notes to My Great mother whose prayers made me able to do such a toughest task.But Alas! Now she is not in this world to see her daughter's success, to see Her dream' s coming to reality. Please pray for her that May Allah Almighty increase her ranks in Jannah-tul-firdous and Lighten up Her grave with HIS Divine light. Also remember me in your prayers` `

Ameen

Jazak Allah

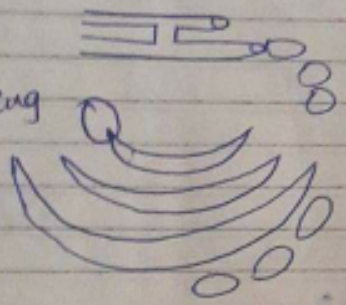
UNIT 1

Date: 26-May-17 (1) Day: Friday

Biology

Unit: 1 M.C.Q's: 10

Topic: Endoplasmic Reticulm



- Transport
- Mechanical support

RER
- Proteins

SER
- Detoxification
- Lipid metabo
- Nerve impuls

Concave shape: mature

Convex shape: Forming

Topic: Golgi Apparatus

Membranes of G.A stacked just

like plates
- smaller size → maturing
- which part is directed towards plasma membrane? → maturing.

. M.C.Q

(*) It is absent in?

a) Liver cells
b) Higher Plants
c) Blue green Algae ✓
d) Yeast
e) None

. Function:

→ Formation of conjugated molecules
→ export damaging materials outside
→ Hydrogen Peroxide → hydroxide
→ Jis kism ka product ho ga waisy e product

. M.C.Q

(*) Major Function?

a) ✓ secretion
b) regulation of cell metabolism
c) Active transport
d) transportation

Role For Proteins:

- Prokins are processed in G.A
- Proteins are formed in RER.

→ wo Protein jis way secrete hona hota hai wo RER. kay lumen mein hoti hai wha say pack ho ker G.A, Phir Pack ho ker exocytosis say cell say bahir

→ jo protein cell way use karni hoti hai wo cytosol mein ribosomes jo float ker rhy hoty hein un kay pas hoti hai

More Concentration:

Jha zyada secretion hoti hai wha e golgi vesicles zyada hoty hein

M.C.Q

(4) Function of Golgi Apparatus to make?
a) Carbohydrate into lipid
b) Lipid into protein
c) Carbohydrate into protein
d) ✓ both a & c

Topic:

'Lysosome'

(Single membrane bounded)

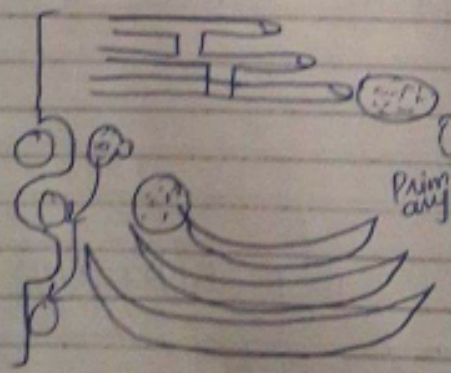
M.C.Q:

- Connected with intracellular digestion
- Absent in plant
- Present in Animals

(4) When lysosome fused with food vacule?
a) Primary lysosome
b) ✓ secondary lysosome
c) Food vacule
d) Transportary lysosome

- contain many enzymes
- Glycogenesis type II: → disorder in which glycogen doesn't convert into glucose
- Tay sachs: → lipids accumulate in brain cell & cause mental retardation

Diagram:



Importance OF Fungi

Grain

Ecological Importance

- Decomposers
  - Recycling of nutrients
- Symbiont Relation
  - Lichen
    - Bioindicater
    - Reindeer Moss
    - Natural Dye
    - Biological
    - Succession
  - Mycorrhiza
    - 95%
    - Improve growth of Plant
- Bioremediation

Commercial Importance:

Food:
Zoo sp
Mushrooms
Morals
Truffles → 125 Red Patch

Poisionous Mushroom:
Jack-O-Latern (Aminata)

Industry:

Yeast:
Bread + liquor

Penicillum:
Flavour, aroma, characteristic colour chees

Aspergillus:
Soya sauce, soya paste

Medicine:

Penicillin:

Lovastatin:
↓ cholestrol

Cyclosporine:
organ transplant rejection

Ergotin:
Migrain

Griesofulvin:
Inhibit fungal growth

Research Yeast:
Pink bread mold → neurospora

Losses:

Plant:

M.C.Q:

- It is fungal disease in cotton?

a) ergut
b) root rot
c) scab
d) red rot (sugar-cane)

- Powdery mild-dews is not disease of?

a) Wheat
b) grapes
c) rose
d) Cotton

- Smut-disease is due to?

a) Asperigellus
b) Ustillago tritici
c) Yeast
d) none

- Which is a superficial fungal infection?

→ Ring worm → Imperfect fungi

Which disease is due to soil contaminated with bird's feces

→ histoplasmosis

Brain → Order → body do not response
conversion → ل ره

- Toxin produced by fungi?

a) Phycotoxin
b) Myotoxin
c) Mycotoxin
d) Aflatoxin

(73)

CONTROL OF Bacteria

- Physical
  - Sterlization
    - Steam
    - Dry heat
    - Moist heat → coagulation of Protein
    - Gas
    - Radiation → 300m → gamma rays
    - Filtration
- Chemical
  - Disinfectant
  - Antiseptic
  - Antibiotic

M.C.Q's

- Shape of Polio virus spherical
- Herpes simplex caused by Herpes simplex type 1 CDNA virus
- Most common hepatitis is B
- Cocci belongs to Bacilli
- Cancer causing fungus Aflat
- % in gram tve of liprds
- Thickness of gram -ve cell wall 8-11 nm
- Yeast belong to Ascomycota
- citric acid obtained from Aspergillu
- Anti fungal drug Griseofulvin
- Respiration spirochetes belongs to
- Diameter of mycoplasma
- Diameter of streptomycin 0.75 – 1.25 um
- 3 structue in all bacteria cell membrane, ribosome
- 3 characteristic of virus B
  - DNA virus → serum
  - vaccine available genetically

UNIT 4

In syllabus **ANIMILIA** (2 · M·C·Q)

only examples of '5' Phylums (imp characters extra)

⇒ Radiata:

→ Diploblastic
→ radial symmetry
→ ectoderm
→ endoderm
→ cytaudeates

⇒ Bilateria: (Presence/absence of body cavity → coelom)

→ Triploblastic
→ bilateral symmetry
→ ectoderm
→ endoderm
→ mesoderm

- **Acelomate:**
  Absent; Ex: Platyhalmenthesis
- **Pseudocelomate:**
  Present; Ex: Round worms
  But line with mesoderm
- **Celomate:**
  having cavity line with mesoderm
  Ex: . Annelids
  . melluscus

(75)

- Hemichordates
- chordates
- echinoderms
- Arthropods

NOTE:
Porifera is not involved in the [illegible] because have no symmetery

(1) PLATYHALMENTHES:
Imp because have parasites

Liver Fluke	Tenia (Solium)
Present in bile duct, it block bile duct & affects [illegible]	segmented, ripened segm[ent] called [illegible]
Specific names: Fasciola Hepatica	Infestation → in[illegible]
	Disinfestation → [illegible]

2) NEMATODES: (Round worms)
→ Enterobius Vermicularis (Small head / Pinworm) → large Intestine → [illegible]
→ Ancylostoma duodenale (Hook worm) → [illegible]
→ Ascaris lumbricoids → large, Small Intestine

3) Arthropods:
[illegible] Disease carriers → [illegible]
carry disease they themselves not effect by disease

(76)

- edible in many countries
- Garden Snail & slugs are pest
- Industrial products, medicine → obtained by countries
- Host in many disease

4) Mollusca:
(Snails)

5) Annelids:
Leech (Hirudo medicionalis)
- [illegible] head is not prominent
- Natural habitate is Pond
- Attach with host body & sucks blood
- anticoagland (heparin) → smooth flow of blood

PARAZOA	EUMATAZOA
Non-symmetery	Proper symmetery
No germinal layer	germinal layer
Simplest of all animals	
sponges	

RADIAL SYMMETRY	BILATERAL
↓	↓
Diploblastic	Triploblastic
↓	↓
Plane divided animal in two halves	1 Plane mid line divide animal in two halves (equal)
↓	↓
cinidarions	Ecto: (make skin)
	Endo: (digestive system & assosiate glands)
	Meso: [illegible]

UHS: Unit # 4 (17)

Kingdom Animilia

Liver Fluke:

Most complex organism in animal → faeces → rain → Snail → time period (reproduction) → water → attain grasses → sheep → Blood → liver

Sheep, Human Snail Primary secondary

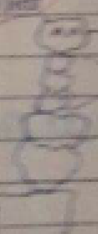
M.C.Q:

• Liver fluke living in bile duct feeds on?

a) Bile
b) epithelial cell of bile duct
c) Blood and lymph
✓d) All

Tape Worm:

Cattle, Pig → Secondary host
Man → Primary host



M.C.Q:

Proglottids present in?

a) Male sex organ
b) Female sex organ
c) both 'a' and 'b'
d) All

M.C.Q:

• How many kinds of hooks in tape worm?

a) 3
b) 6
c) 9
d) 12

(17B)

Pg # 180

Ascaris lumbericoide:

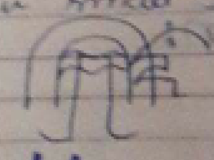
• Numerous in number.
• 20 cm long
• Present in children
• It is an intestinal parasite of man.

Enterobius Vermicularis:

On night female lay egg and cause iching

Ancylostoma:

Present in small Intestine.



Class Hirudinea:

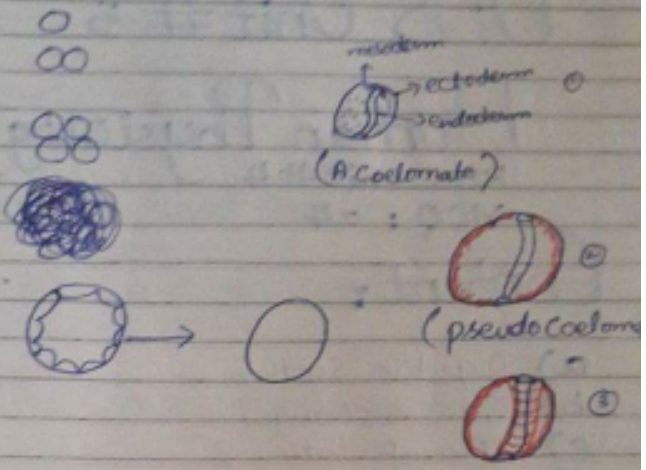
Pg # 182

M.C.Q:

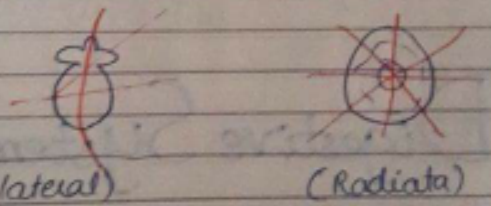
• Which is actoparasite?

a) mosquito ↓ Malaria
✓b) lice
c) Tse-Tse ↓ sleeping sickness
d) Comm… fly ↑ cholera + hepa…

Some Imp Information:



Body cavity:	① X	False	true ③
Digestive system:	Sac like (eg Hydra)	Tube	Tube



(Bilateral) (Radiata)

UNIT 5

(80)

UHS Unit # 5

Human Physiology

Kips unit # 4
MCQ : 04

Content :

a) Digestive System
b) Gas exchange
c) Transportation
d) Homeostasis
e) Nervous System
f) Reproduction
g) Support and movement
h) Hormonal control
i) Immunity

(A) Digestive System

M.C.Q:

Process of digest Conversion of food from?

a) inorganic - organic
b) insoluble - soluble
✓c) Indiffusable - diffuseable
d) All

M·C·Q:

Elementry canal extends from?

a) mouth to anus
b) mouth to rectum
c) oral cavity to rectum
d) oral cavity

Q: Mouth & oral cavity:

Ans: mouth Opening b/w two lips ↑ and rest portion to pharynx called oral cavity.

M·C·Q:

The shape of human mouth is?

a) Slit like
b) oval
c) spherical
d) cubic

Components:

It has two components

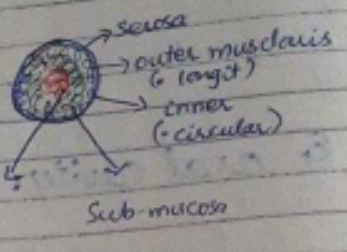
↓ Alimentary canal

- O·C
- Esophagus
- Stomach
- S·I
- L·I
- Rectum

ii) Gland

Salivary gland
Liver → enzyme
Pancreas
↓
chemical digestion of fat

Alimentary:



Oral Cavity:

Selection of food

- Sight
- Smell
- taste (most imp source of selection of food)

Mechanical digestion

Grinding (Teeth)
- Incisors
- canious
- P.M
- Molars

Mixing (muscle)
- Tongue
- cheek

NOTE:

Sight & smell is not the part of the oral cavity. It is the part of the Brain

M·C·Q:

Tongue muscles are?

a) Smooth
b) Skeleton (Hyoid Bone)
c) Cardiac
d) Epithelial

Chemical digestion & lubricant:

Salivary Gland

Types

Sub-lingual	Sub-max	Parotid
• Blow tongue • Secrete mucus "mucin"	• Behind Jaw • Mucus + Amylase	• In front of Ext. Ear • Amylase

Secretion:

Saliva

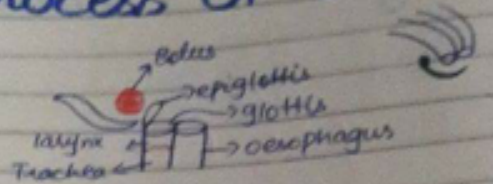
H_2O + mucus | Sodium bicarbonate → 8-6 pH | Amylase → starch → Dextrin + Maltose

NOTE:

30% starch digest in oral cavity

- process not happen in oral cavity:
  a) Digestion
  b) absorption
  ✓ c) Peristalsis
  d) Selection

Process OF Swallowing:



Swallowing:

Voluntry
- Tongue up/backward

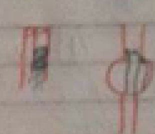
Involuntry
- Soft Palate
- epiglotis
- larynx
- circular muscle of glottis

- **Soft Palate:** upward, close nasal cavity
- **Epiglotis:** Horizontal
- **Larynx:** upward
- **Circular muscle glottis:** contract

Peristalsis:

Reverse → Anti Peristalsis → Nausea, Vomiting

Forward → Stimulation → Touch of bolus, N.S



Stomach

→ widest part of alementary canal. 10 inch

Location: Abdominal cavity, left side of body

Layers:
- Outer — connective tissue
- Middle — (smooth muscle) → outer (longi), oblique muscle, inner (circular)
- inner → musoca → Gastric gland → Release from pyloric end

Parts: Cardiac end, Pyloric end

M.C.Q: Main function of stomach? → Storage

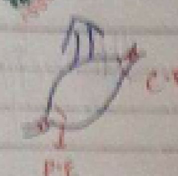
Gut hormone B.II

intrinsic factor → absorb of vit B12

Mucus cells	Parietal OR Oxyntic cells	Zymogen cells
mucus	HCl	Pepsinogen
• Protect stomach wall	2-3 PH (1.8-3.5 PH)	(Gastric) → Pepsin
• Faeces		
• Amphoteric		

(active) Pepsin → optimum PH = 2

Protein → Peptones → Polypeptide



Small Intestine

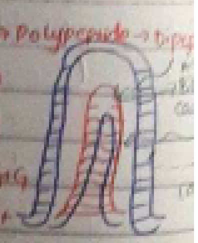
→ terminal nucleic acid → no circular fold → in duodenum → smallest part

Duodenum (20-25cm)	Jejunum (2.4m) 2/5	Ileum 3/5

Duodenum → (Digestion of lipid) → Secretin; Acidic food

Secretin → inhibit: Gastrin; Stimulate: Pancreas, Liver

- Amino Peptidase → Polypeptide → Dipeptide
- Erypsin → Di → A.A
- Lipase → Fat → F.A + Gly
- Maltase → Maltose → G + G
- Lactase → lactose → G + glactose



(87)

Liver is very imp.

Pancreatic Juice
- Amylase • Starch – Maltose
- Sodium bicarbonate • PH, neutralize chyme
- Lipase • Fat → F.A + Gly
- Trypsinogen
  ↓ Enterokinase
  Trypsin

Liver → Bile [bile pigment] (emulsification of fat) → Gall Bladder → Bile duct → Duodenum

Chile & Chyme: When juices added in chyme then it is called chile.

Butter fat absorb in blood while other are absorb in lacteal

Large Intenstine

Caecum — Colon — Rectum

Colon: ascending, Transverse, descending

(88)

M.C.Q:

- Which of the following is dual gland of gut?

a) Stomach
b) deudonum
c) Pancreas
d) all of these
✓e) Both 'a' & 'b'

- Precursor of trypsin secreted by?

a) Stomach
b) Intestine
c) ✓ Pacreas
d) Liver

- How many sphincter present in digestive?

a) 4
b) 5
c) 6
✓d) 7

(Elementary → 6)

	Pharynx	Larynx	Trachea	Bronchi	Bronchioles	Alveolar Ducts	Alveolar Sac	Alveoli
Cartilage	✗	✓	✓	✓	✗	✗	✗	✗
Mucus cells	✓	✓	✓	✓	✗	✗	✗	✗
Cilia	✗	✗	✓	✓	✓	✗	✗	✗
Smooth muscles	✓	✓	✓	✓	✓	✗	✗	✗
Gases	✗	✗	✗	✗	✗	✓	✓	✓
collagen	✓	✓	✓	✓	✓	✓	✓	✓

UHS unit # 5b
Kips unit # 4
Chp # 13
M.C.q : 04

Functions

Respiratory System:

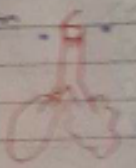
- Gaseous Exchange
- H_2O Base Bronchi
- Filteration of air, Moist, warm
- Voice production
- Defence (mucus)
- Thermoregulation (Regulation in dog → Panting)
- Gaseous Transportation (Function of circulatory system)

Respiratory Exchange

- External
  - Air → lungs ↙ Environment
- internal
  - Air → Alveoli (Blood
  - Blood → tissue

Parts:

Nostrils (Hair + mucus membrane) 3 Passage
↓
Nasal cavity
↓
Pharynx
↓
Larynx
↓
Trachea
↓
Bronchi
↓
Bronchioli
↓
Air sac
↓
Alveoli

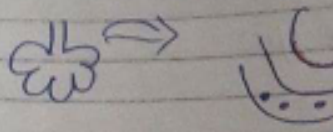


M.C.Q:

- Channelization of air?
  → Pharynx
- Common passage way of respiration and digestion?
  → Pharynx
- Not part of respiratory system?
  → Smell
- Play imp role in warm filteration?
  → Nasal cavity

Ventral most structure of neck is?
→ Trachea
Dorsal?
→ vertebral column
both b/w is → oesophagus.

Air Sac:

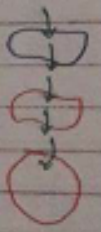


M.C.Q:

How many time molecule diffuse from cell membrane?
a) 3
b) 4
✓c) 5
d) 2

NOTE:

700 million alveoli in lungs.



Breathing

- Control
  - Involuntary
    - Medulla
    - Pons
  - Voluntary
    - Cerebrum
- Mechanism
  - Inspiration
  - expiration

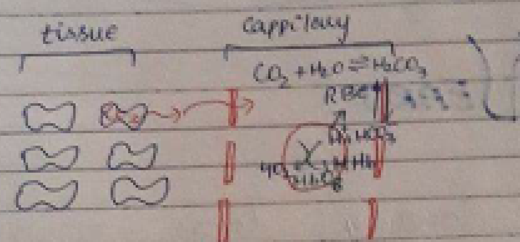
Common name Mechanism

	Inhilation Passive exp. of lung	Exhalation Passive cont of lung
Diaphram	Contract (less dome shape)	Relax
Intercostal muscle	contract	Relax
Rib cage	upward/ Forward/ outward	Inward/ back) Down
Volume of thorax	increase	decrease
Pressure on lungs	Decrease	Increase
Air move	inward	outward

(95)

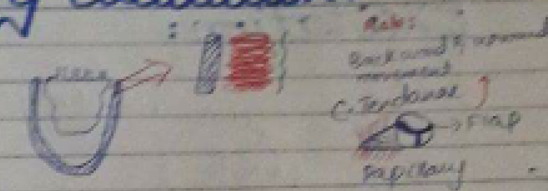
Transport OF CO_2:

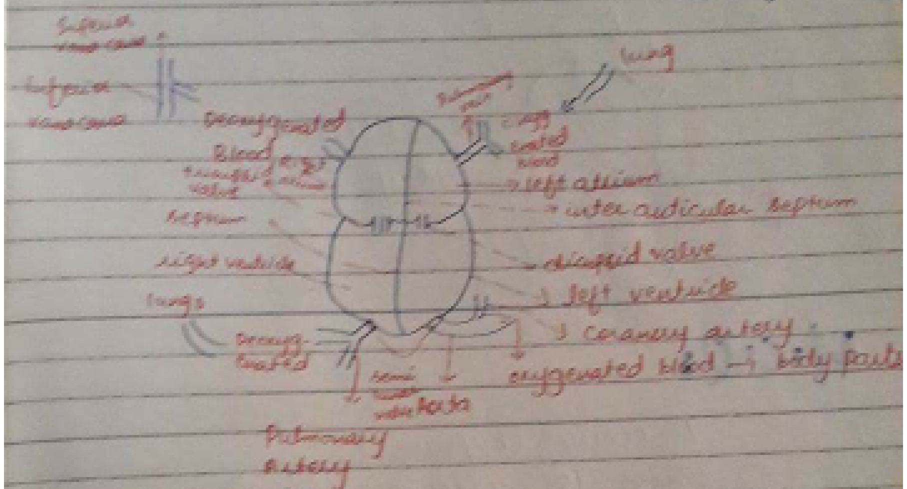
Plasma	Carbohemoglobin	Bicarbonate	K^+ carb
5% Dissolve	20% (amino dissolve part)	75%	5%

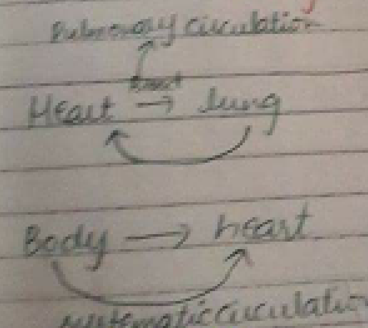


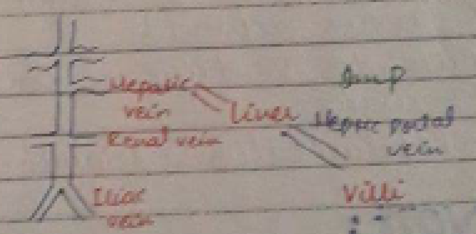
(96)

Chambers & Circulation:







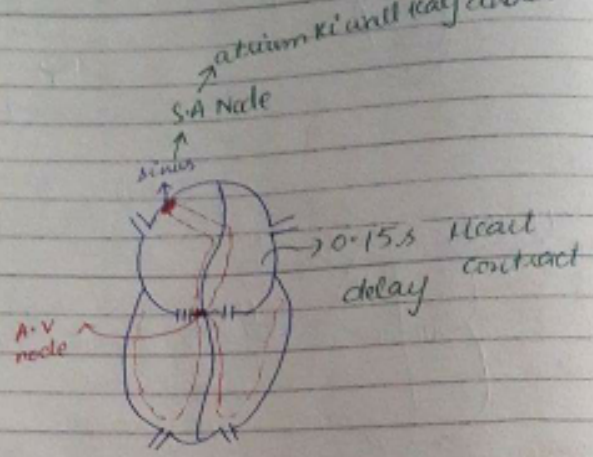


M.C.Q:

Most thicker wall present

→ left ventricle

Excitation:



M.C.Q:

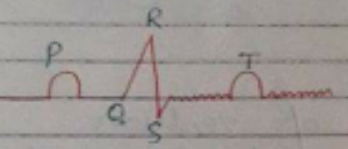
P-wave represent?
→ Prior to atrium contraction
S-wave represent?
→ Prior to ventricular contraction
T-wave?
→ Repolarization (relaxation)

NOTE:

Heart is a self repairing.

72-75 Time/per minut
$\frac{60}{75}$ = 0.8 sec
atrium contraction = 0.1s
atrium relaxation = 0.7s

Ventricular contraction = 0.3s
Ventricular relaxation = 0.5s

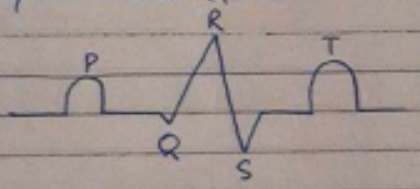


In Gyton Physiology
away From chamber of heart → Artery

0.4 sec → Rest
0.4 sec → work

ECG

5- waves (P, Q, R, S, T)
Complex waves (QRS)



Appearance:

P-wave:

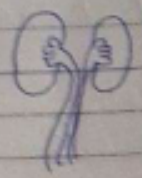
- Before depolarization of atria
- After atrial contraction
- Rise of atrial pressure

. QRS complex:

- Before ventricular contraction
- After depolarization of ventricles
- Rise of ventricular pressure

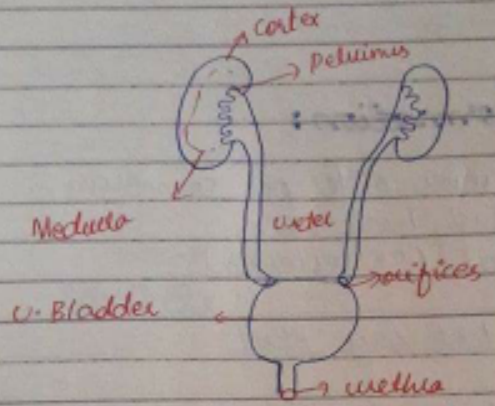
T-wave:

Repolarization of ventricles
Relaxation of ventricular muscles
At end of ventricular systole.

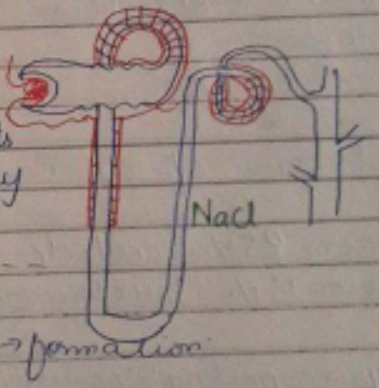


UHS Unit #5

"Homeostasis"



- Removal of N_2 waste
- Regulation of H_2O contents of water (fluid) → body
- ___ PH ___
- ___ chemical composition ___
- Renin → B.P↑
- erythropoietin → RBC → formation



AH ○

M.C.Q:

- In human primary structure for elimination of urea?

a) kidney
b) liver
c) skin
d) ✓ Both b' & b'

General Information:

→ Dorsal wall ki inner side per connective tissue say juri hoti hai

→ Lumbar region (5- vertebrae) - 1.2

→ Thoracic kay last say start

M.C.Q:

- Most re-absorption in kidney take place?
  → cortex
  ↓
  Because of its Bowmann capsule.

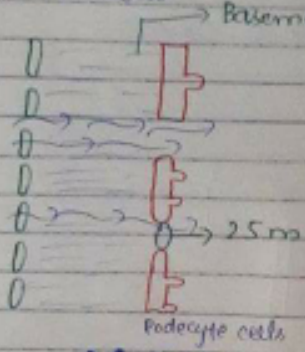
Nephron 85% cortical
Nephron 15% juxtamedullary

- lungs → capillary blood — oxy
  other tissue capillary - deoxy

- kidney → afferent + efferent.

Urine Formation

Filteration



M.C.Q:

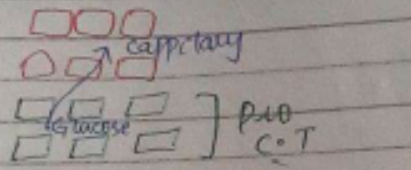
Which is not required for reabsorbsion?
→ filteration

Composition:

→ Glumerular filtrate
↓
useful → glucose Aminoacid
Nitrogenous waste + Salt hormones
urea → vitamens
+ (Ions)
uricacid
waste large

② Reobsorption:

- Which is not involved in reabsorption
  → Bowmann's capsule
- Glumerulus ki wall say guzarny k bad filteration finish → B.M
- Glumerulus filterate do not contain
- large size protein
- No RBC, WBC



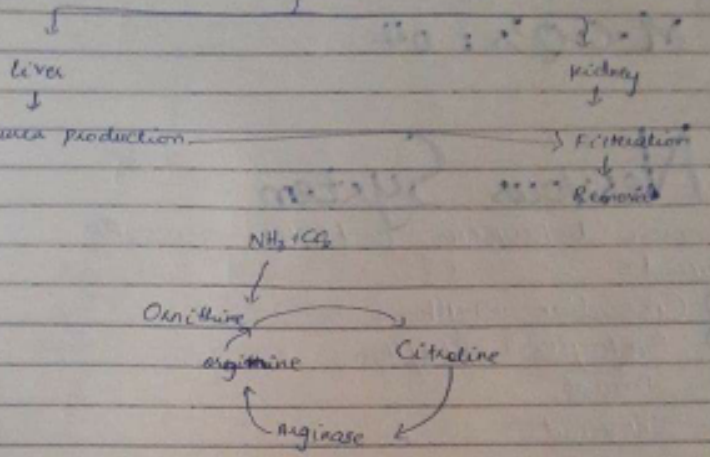
- 65- 80% → absorb in PCT
- 80% → H_2O → Absorb in PCT

Loop of Henle:

→ Assending limb

Excretion:

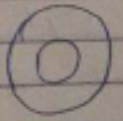
liver & kidney is involve in excretion



How many urea involve (2)

Pg# 7 Examples

Recepter — Control center — Effectors



- Ecto
- Endo
- Hetero → H

UNIT 6

UHS Unit # 5(e)

Kips Unit # 6

Chp # 17

M.C.Q's : 04

Nervous System

- Common behavious activities generally called?

✗ a) Circadian Rhythem
✓ b) Biological Rhythem
c) Diual
d) Circunal

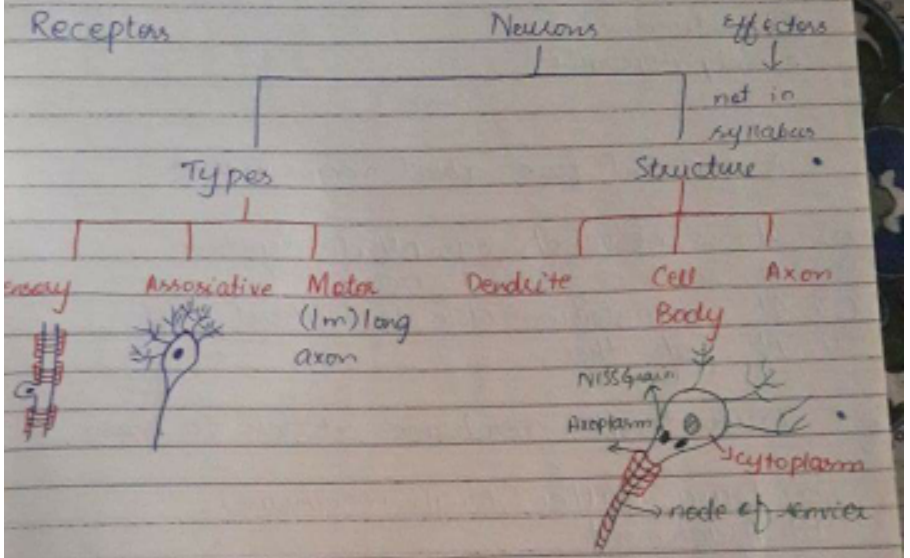
Study of this Rhythem → chronobiology

- Rhythem may be the result of?

a) Exogenous
b) Endogenous
c) Synchronization of a & b
✓ d) All

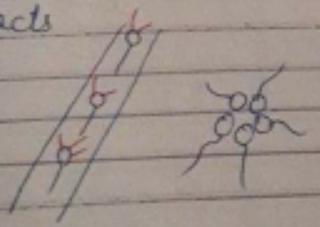
- Supraciasmatic (SCN) → biological clock in human brain
- Pernial gland → malonin → sleep

Nervous Co-ordination



PNS:
Nerve

CNS:
Tracts



- ↓ of toward → cell body
- away → Axon
- Part which can not be regenerate → cell bodies
- Regenerate → Axon & dendrites

CNS → Nuclei
PNS → Ganglia

(107)

- Nucleus is not present in Axoplasmic → Mitochondria
- Neurocell do not divide because they not have
  a) Nucleus
  b) cytoplasm
  c) Mitochondria
  d) Centrosome
  e) Golgi Apparatus

- A statment true about vagus nerve?

a) It is nerve of sympthatic System
b) It is a spinal nerve
c) It stimulation slow down heart beat
d) All of these

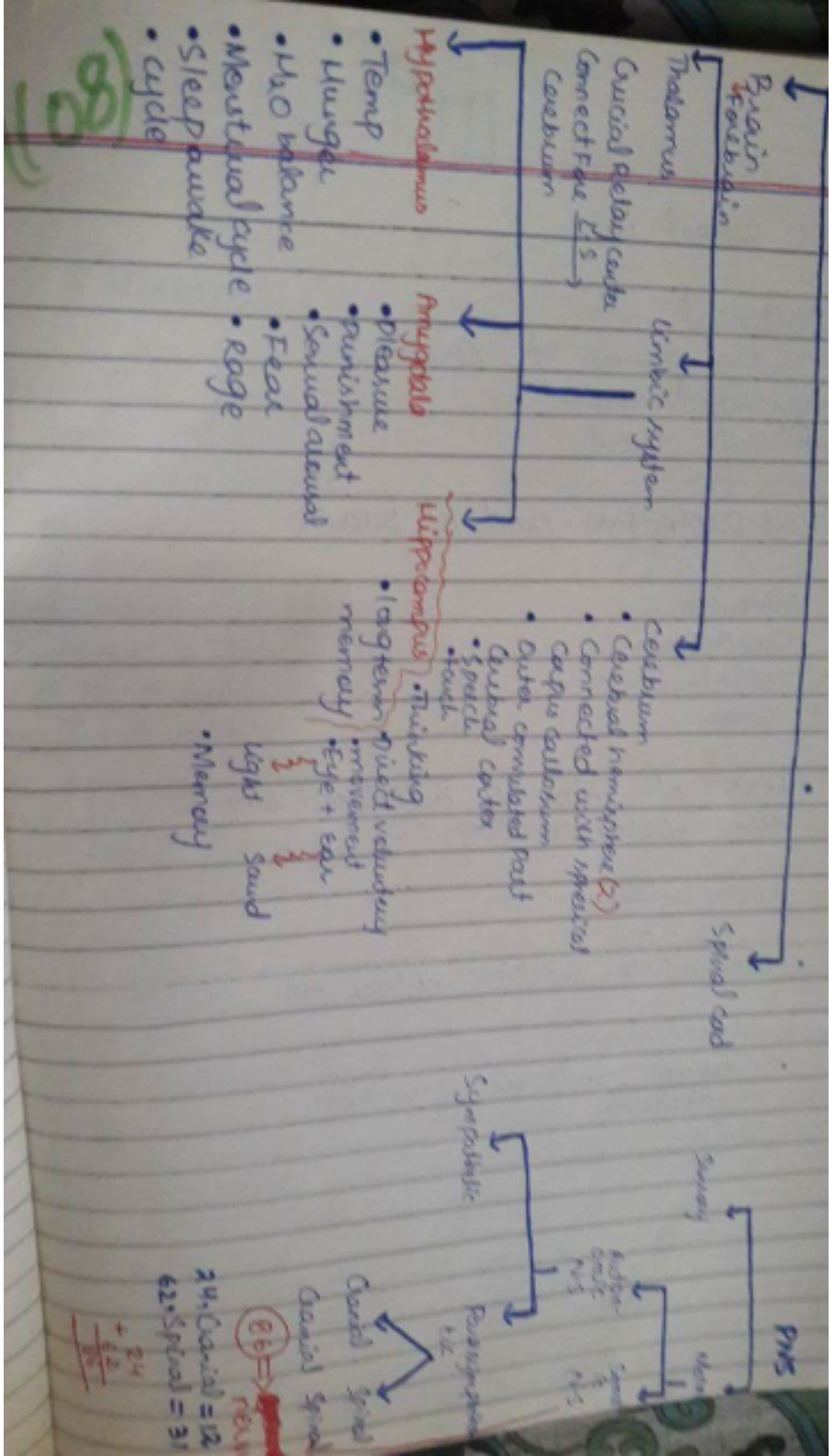
- Outer tagh membrane attach to brain

a) Dura Matter (tough membrane)
b) Arachnoid
c) Arachnoid space (CSF + blood vessels)
d) PIA Meter.

which is NOT the part of CSF?

a) Salt
b) harmone
c) lymphocyte
d) waste
e) None

(108)



CFS present in?

a) Ventrical
b) In Central canal of spinal cord
c) meningial space
d) All of these

- Best protective part of brain?

a Medulla
b Cerebrum
c Cellebulum
d Cons

- loss of memory is caused by the destruction of?

Cerebellum ~~cerum~~

- Part whose waking effect on

Cerebulum

- Several automic function
  Medulla

NOT DIRECT MENTION IN Syllabus

Planaria	Hydra
Ganglia present in head region	• No such differentiation
Diff of Nerves	• No such diff
⇒ Sensory	
⇒ Associative	
⇒ Motor	
Sense organ	• Absent
⇒ Eye + Chemoreceptor	
Touch receptor	• Absent

MID BRAIN OF MAN:

- Relay centre
- connect fore + hind

HIND BRAIN:

Medulla	Pons	Cerebella
Breathing	Transition state	
Heart rate	b/w sleep &	
Blood pressure	awakeness	
Swallowing	control pattern	
	& rate of	
	breathing	

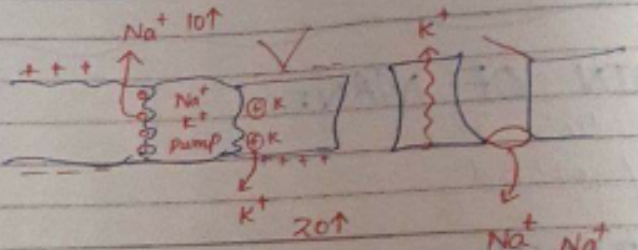
M.C.Q:

- -70mv is measure in?

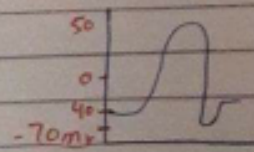
✓a) Inbetween
b) Inner side
c) outer side
d) none

- Potasium is —— greater than outside?

a) 10 (sodium)
✓b) 20
c) 30
d) 40



Protein (-) (-)



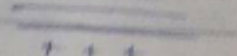
40 → just sodium penetrate aur jab attain ho jata hai then gate open.

In Depolarization which ion play role?
→ Sodium

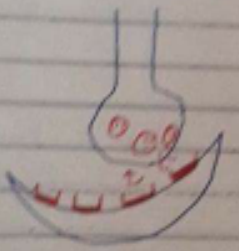
In Repolarization which ion play role?
→ Potasium (k)

Millions of Na^+ K^+ Pump are present
If Na^+ ion pump operate then -90mv.

Refractory phase?



SYNAPSE



Process through which release of neurotransmitter?
→ Exocytes

neuron message
↓
Impulse
↓
neurotransmitter
↓
Mitochondria
↓
Energy
↓
G-A → Ye protein pack kio hota hai

neurotransmitter cannot enter in next membrane
After attachment → detach ho jaayien
tow wo enzyme present in synaptic
cleft degredate → reaptic.

SPINAL CORD

Which contain axons of sensory neuron?

✓a Dorsal Root
b Ventral Root (motor neuron)
c Grey matter
d White matter (myelinated neuron)

Which disease is convulsive?
→ Epilepsy

Alcohol aggregates?
→ Epilepsy

UHS UNIT # 5(f)

REPRODUCTION

MALE REPRODUCTIVE SYSTEM:

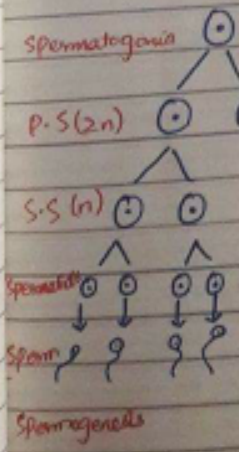
Primary sex organ
↑
Copulatory organ — Testis

Testis → Scrotum (•35°C sperm formation); Seminiferous tubules; Interstitial cells/ Leyding cells (↓ •Testosteron)

Seminiferous tubules → Germinal Epithelial; Sertoli cells

Germinal Epithelial
• (6-layers)

Sertoli cells
• Provide protection
• Liquid medium
• Nourishment
• Lysosomes, mitochon
Golgi Apparatus et



(115)

⇒ Duct
↓
- Seminefrous tubules
↓
- Vasa effentia
↓
- Epididymis → 6m long
↓
- Vas deference
↓
- Ejaculatory duct
↓
- urethra

⇒ GLANDS:

- **Seminal vesicles:**
  - Semen formation = 70%
  - H_2O
  - Mucus
  - Alkaline fluid
  - Fructose
  - citrate

- **Prostate gland:**
  - Semen formation = 30%
  - Mucous
  - Alkaline fluid

M.C.Q (116)

- Common duct formed by union of vas deference & duct from seminal vesicle?
  - Urethra
  - Vasa
  - ✓ Ejaculatory duct

- Hormone that control the function of base-ment membrane / sertoli cell / seminefrous / sperm formation
  - ✓ FSH
  - ACTH
  - Progesterone

- How many sperm are formed from a secondary?
  - 1
  - ✓ 2
  - 4
  - 8

Spermatogenisis involve?
- Mitosis
- Meiosis
- ✓ Both 'a' & 'b'
- Metamorphosis
- All

(117)

FEMALE REPRODUCTIVE SYSTEM:

Ovaries (3-5cm long)

↓ Outer

↓ inner

UTERUS:

It have 3 layers:

- Perimetrium
- Myometrium
- Endometrium

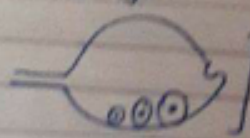
47o → egg → use → others degenerate

2 million egg present in females → before birth

NOTE:

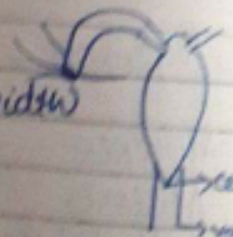
Egg release into coelomic cavity

ovary:



1-3cm (width)

3-5 cm (long)



12-10cm long

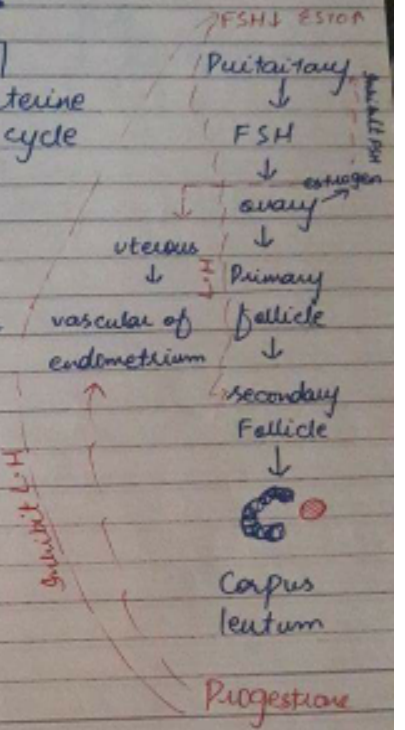
(118)

MENSTRUAL CYCLE:

Ovarian cycle

uterine cycle

- Fist menstrual cycle = Menarch
- complete end of menstraul cycle = menopause.

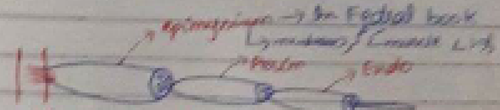


UHS UNIT # 5(g) (119)

SUPPORT AND MOVEMENT

MCQ's 5

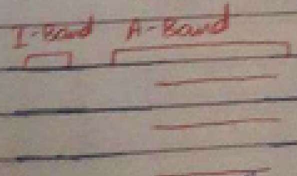
⇒ SKELETAL MUSCLES:

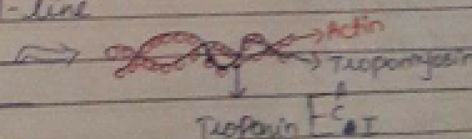


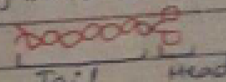
Muscle Bundle OR Fascicle ((Cell but multinucleated) 1-100 um)

Myofibril (1-2 um)
↓
Sarcomere

- ↓ Thick/dark (A-Band)
  - Anisotropic
  - Mid section H-zone
  - Bisected by M-line
- ↓ Thin/Light (I-Band)
  - Isotropic
  - Bisected by Z-line





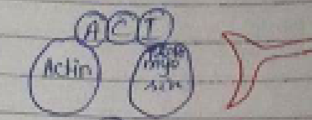


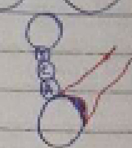
MCQ:

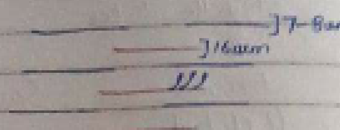
- A- band consist of?
  → Myosin & actin
- I- band consist of?
  → actin

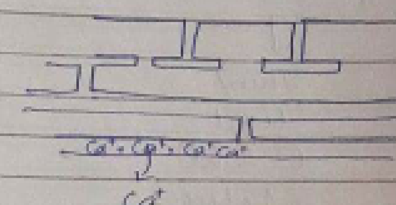
(120)

- Sarcomere extend from?
  → Between the Z-Z line
  → ATP not involved in muscle contraction (because when Ca goes inner side)
  → 6 filament surround a myosin









جب Bond بنتا ہے تو Myosin سے actin آگے کی طرف move
ہوتا ہے اور ہم کہتے ہیں کہ muscle contract ہو گیا ہے

Aerobic
Glycogen
↓
Glucose

Anerobic

- From 5 lactic acid 2 glucose molecule formed

Which is fatigue slowly?

a) Smooth → hormones for contraction
b) Cardiac → Branched
c) Skeletal → contract & fatigue → increase
d) All → voluntary.

- Each muscle contain many nuclei → smooth
- Each cardiac muscle contain only one nucleus

- More variable in function than other muscle type → smooth muscle.

- Most ancient type of muscle → smooth
- which is caused by the deficiency of ATP?
→ Muscle Fatigue
- Cramp → water ram
- Hard exercise → average say 60% increase.
- In one minute bridges form & reform 50 to 100

- Muscle contract size → 30 to 60 reduce.

A Quick Review to MDCAT

Notes Prepared by **Komal Yaqoob**

Will be helpful for all those preparing for MDCAT

Special thanx to Komal Yaqoob for these Notes` Like our page and join our Group for more MDCAT related stuff` `

Remember Us in ur precious prayers.

Jazak Allah

Regards

Noor Mobin